



CLAYTOR LAKE

AQUATICS BASE



Background

The Claytor Lake Aquatics Base is located just 5 miles from the Blue Ridge Mountains Scout Reservation on a beautiful 4,500 acre highlands reservoir. Claytor Lake is an impoundment of the New River and is the largest body of water in Southwest Virginia. The Claytor Lake Program is designed to challenge and meet the needs of older Scouts, particularly those interested in earning aquatic merit badges. Claytor Lake participants must be 13 by camp. Participants 14 or older may sign up for SCUBA or Wake Boarding. No matter the program, those registering to attend should prepare themselves for an exciting week of fun in the sun.

Claytor Lake Program Goals

1. Demonstrate a marked improvement in the areas of water skiing, sailing, slide seat rowing, motorboating, and snorkeling.
2. Gain an appreciation for aquatic-related recreational activities.
3. Learn and practice proper water safety techniques.
5. Have fun and enjoy the water and the sun.

Remember to Bring

- Medical Form (with physician's signature within past 12 months) and copy of your Insurance Card (front & back)
- Tour Permit
- Proof of Troop Insurance
- Special SCUBA Forms

Registration

Participants in the Claytor Lake Aquatics Base must go through registration with their units and complete the BSA Swimmer's test at either Camp Ottari or Camp Powhatan. If your group is only attending Claytor Lake, SCUBA, or Wake Boarding, please check in at Camp Ottari. Scuba only will do their swim checks at Claytor Lake Aquatics Base because swim check must be supervised by a PADI instructor. Those registering at Powhatan will take their gear to the Handicraft Lodge for transport to Claytor Lake Aquatics Base. Those registering at Ottari will meet at the flagpole. Those driving personal vehicles to the Aquatics Base must leave their vehicles in the upper parking lot during the week. **Hone your swimming skills before arriving; we recommend that participants earn the Swimming Merit Badge before camp & swim with their crews to build strength & be prepared for the physical rigors of the week.**

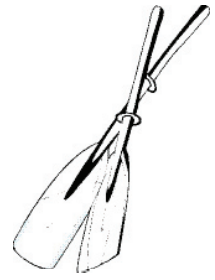
Claytor Lake Tentative Schedule

- Sunday** After arriving at Claytor Lake, all participants will check in to get tent and crew assignments for the week. Class A uniforms are required for Sunday evening's dinner. The Class A will not be worn again until Friday evening at the campfire. After Sunday dinner each crew will meet with their staff crew advisor to discuss rules and procedures.
- Mon - Weds** Each crew will arise at 7:30 a.m.; breakfast is served at 8:00 a.m. Classes begin promptly at 9:00 a.m. and crews rotate until 12:00 noon for lunch. After lunch the Crews will rotate through their remaining stations for the day. Please note that each crew rotates through the boat stations at a different time each day. Schedules are posted for ease of operation. Dinner will be served daily at 6:00 p.m. After dinner each night, crews will be scheduled to participate in group activities that include riding the rocket, kayaking, swimming, or playing a competitive game of volleyball.
- Thursday** After a normal day of activity, a post-dinner shuttle will take all Scouts to the Camp Powhatan Trading Post.
- Friday** Along with the regular activities on Friday, time is set aside to make up for any activities cancelled due to inclement weather or to allow participants extra time to master skills. At the Friday night campfire, everyone is welcome to share in a few songs and skits, rehash the funny events of the week, and to just enjoy the camaraderie of old and new friends.
- Saturday** Breakfast on Saturday is a little earlier to accommodate those Scouts needing to rejoin their troops at one of the Base Camps. Once each Scout's area has been cleared by a staff member, those Scouts may



CLAYTOR LAKE

ADVANCEMENT/EQUIPMENT LIST



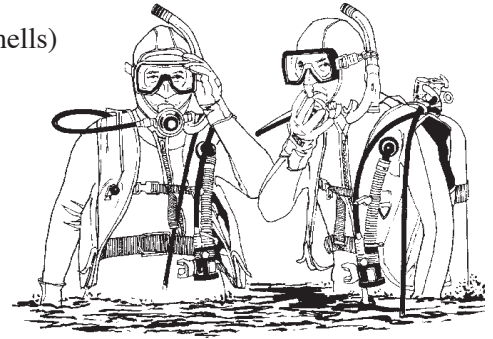
Advancements and Opportunity

Your week at Claytor Lake will be jam-packed with aquatic fun. Campers will be divided into crews of 8 or less Scouts and matched with one of our staff instructors. All Scouts will participate in the following 5 **mandatory** programs:

- Motorboating Merit Badge
- Snorkeling BSA
- Rowing Merit Badge (conducted in our olympic-style slide rowing shells)
- Small Boat Sailing Merit Badge
- Water Sports Merit Badge

In addition, your group will have time for:

- Large Boat Sailing
- Board Sailing
- Fishing
- "The Rocket"
- Volleyball
- Campfire Program
- Tubing
- Swimming
- Mile Swim Award
- Flatwater Kayaking
- Ultimate Frisbee



EQUIPMENT LIST

(Put your name and unit number on all items)

Clothing

- (2) Pair Swim Trunks
one piece swimsuit for females
- (1) Pair Shorts
- (1) Pair of Long Pants
- Several Scout T-shirts
- Several Pair of Underwear
- (1) Rain Jacket and Rain Pants
- Pairs of White Socks
- (1) Wide Brimmed Hat
- (1) Pair of Water Shoes/sandals
with heel strap
- (1) Pair of Tennis Shoes
- (1) Warm Jacket or Sweat Shirt
- (1) Class A Uniform

Personal Items

- (1) Waterproof Watch
- (1) Alarm Clock
- (1) Toothbrush & Tooth Paste
- (1) Soap
- (1) Shampoo
- (1) Flashlight
- (1) Sleeping Bag with sheet
inside
- (1) Pillow
- (1) Bag for Dirty Clothes
- (3) Towels
- Paper & Pencil
- (1) Bottle Non-oily Waterproof
Sunscreen (spf 30+)
- Spending Money
(\$70 is plenty)

Eating Utensils

- (1) Water Bottle

Optional Gear

- Fishing Equipment
- (1) Fishing License \$7-\$17 de-
pending on type of license
(if 16 or older)
- (1) Pair of Sun Glasses with
strap
- (1) Chapstick or Lip Balm
- (1) Disposable Camera
(waterproof)
- (1) Personal Snorkeling Gear
- (1) Trail Pad to make cots
more comfortable
- (1) Wet Suit (for cool weather)

SCUBA

- Bring Scuba Certification
card & log book for advanced
courses.
- Dive Booties—optional
- Wet Suit—optional

Wake Boarding

- We provide all gear but par-
ticipants are welcome to bring
their personal PFP, board, and
gloves

DO NOT BRING

- Boom Box
- CD Players without Headphones
- Knives
- Pets
- Patrol Gear (chuck boxes, etc.)



CLAYTOR LAKE

SCUBA & WAKEBOARDING



SCUBA Participants

All participants must be age 14 by camp.

Participants are reminded that this is an intense program and there will be little time for other activities.

Sunday Registration & Check-in.

Mon & Tues Safety standards and procedures will be established and instruction will begin. Lessons and activities will include classroom instruction, videos, quizzes, proper set-up and usage procedures for equipment, and pool instruction.

Wed & Thurs Participants finish up classroom materials and retake quizzes if necessary. Open water instruction begins with proper water entry procedures, adjustment of equipment, and learning to be comfortable in the water.

Friday Deep water entry and skill-level appropriate activities will be conducted. Those who pass all requirements will graduate and receive their Open Dive Certification.

Open Water Scuba Diver

This is the entry level for SCUBA diving. With this certification, it is possible to dive anywhere in the world. Unlike many certifications, the Open Water Certification never expires.

The course consists of three parts: Classroom, Confined Water, and Open Water. Each component must be completed to achieve the course certification.

Advanced Open Water Diver

The Advanced Open Water Diver is a total of five dives. All Advanced Open Water Divers are required to complete the Deep Dive and Underwater Navigation Dives in addition to the three specialty area dives. An additional fee of \$25 is required to cover specialty equipment and certification card.

IMPORTANT! With the additional classes being offered, we must know exactly how many students we will have each week. In order to hire adequate, qualified staff. Therefore each SCUBA student (youth and adult) must pay a \$100 deposit by February 1st, and an additional \$100 by April 1st.

MEDICAL DOCUMENTATION All SCUBA participants are required to bring both the camp medical form and PADI medical form. The PADI form will be mailed after the February payments. *We must have both medical forms by April 15 so schedule your annual physicals now!*

Note: Diving in Claytor Lake can be cold. Though we have some wet suits available, participants are most comfortable in their own gear.

Wakeboarding Participants

All participants must be 14 years old by camp and able to pass the BSA swim test.

During the week of camp the boys will be spending all of their time devoted to the art of wakeboarding. The idea of the program is to take novice wakeboarders and work on developing basic skills such as crossing the wake, riding switch, learning basic grabs and of course getting sick air. Over five days the Scouts will be guided through a variety of classroom and on the water sessions teaching them everything from VA boaters safety to basic wakeboarding tricks. The program is designed to give each participant as much time on the water as possible.

Participants in this program will also have the opportunity to earn the water sports merit badge, VA boaters safety cord, and motorboating merit badge.

Those interested in wakeboarding should sign up early, as numbers are limited to 12 participants per week.



CLAYTOR LAKE & SCUBA

CAMP ROSTER LIST



Unit Number: _____ **Week Attending:** _____

	Name of Scout/Adult	Date of Birth	Address	Phone	Check One		
					Claytor	Scuba	Wakeboard
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